

**Rediscover Jesus, Part 47: "Do Not Be Anxious"****Luke 12:22-34**

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*Do not be anxious about our lives  
for God is sovereign over our needs.*

**I. We are bound to have anxiety due to little faith in God's provision (vv. 22-28)****Luke 12:22-28 (ESV)**

<sup>22</sup> And he said to his disciples, "Therefore I tell you, do not be anxious about your life, what you will eat, nor about your body, what you will put on. <sup>23</sup> For life is more than food, and the body more than clothing.

<sup>24</sup> Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds! <sup>25</sup> And which of you by being anxious can add a single hour to his span of life?

<sup>26</sup> If then you are not able to do as small a thing as that, why are you anxious about the rest? <sup>27</sup> Consider the lilies, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. <sup>28</sup> But if God so clothes the grass, which is alive in the field today, and tomorrow is thrown into the oven, how much more will he clothe you, O you of little faith!

**II. We can be free from anxiety by having faith in God's sovereignty (vv. 29-34)****Luke 12:29-31 (ESV)**

<sup>29</sup> And do not seek what you are to eat and what you are to drink, nor be worried.

<sup>30</sup> For all the nations of the world seek after these things, and your Father knows that you need them.

<sup>31</sup> Instead, seek his kingdom, and these things will be added to you.

How do we learn to have faith in God's sovereignty amidst our anxieties?

One thing we can do is ask ourselves these four questions:

1. What's making you anxious?
2. What are the things that fall under your responsibility?
3. What are the things that fall under God's sovereignty?
4. What does God's Word say about how He'll provide your needs?

**Luke 12:32-34 (ESV)**

<sup>32</sup> "Fear not, little flock, for it is your Father's good pleasure to give you the kingdom.

<sup>33</sup> Sell your possessions, and give to the needy. Provide yourselves with moneybags that do not grow old, with a treasure in the heavens that does not fail, where no thief approaches and no moth destroys.

<sup>34</sup> For where your treasure is, there will your heart be also.

**Life Application**

1. Ask yourself these four questions:

- a) What's making you anxious?
- b) What are the things that fall under your responsibility?
- c) What are the things that fall under God's sovereignty?
- d) What does God's Word say about how He'll provide your needs?

2. Reveal Jesus – Comfort others who are facing anxiety by pointing them to God's sovereignty.