

Rediscover Jesus, Part 38: "Martha and Mary"**Luke 10:38-42**

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*We must not be distracted with many things
but be devoted to one thing.*

I. Distracted with many things (vv. 38-40)**Luke 10:38-40**

³⁸ Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house.

³⁹ And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching.

⁴⁰ But Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me."

II. Devoted to one thing (vv.41-42)**Luke 10:41-42**

⁴¹ But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things,

⁴² but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."

Life Application

Practical tips for communing with the Lord each day:

1. Choose a time and place that is connected to something you will do every day.
2. Make it obvious (and make distractions invisible).
3. Build the habit by having a short "quiet time" with God every day.
 - Instruction: what is the passage commanding me to do?
 - Praise: what does the passage lead me to praise God for?
 - Confession: where have I fallen short of the passage's instruction?
 - Petition: ask for God's grace to help you live out the commands of the passage.
4. Get an accountability partner.
5. Gather regularly with your local church.